

## ***Qualities Of A Pure Heart (4) – Patience & Humility***

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### **Introduction**

1. Thus far in our lessons we have been examining qualities associated with the pure heart: singleness, purpose, resolved, integrity, honesty and self-control. Today we want to discuss two more qualities...

### **I. A Pure Heart Is Patient**

#### **a. What Is Patience?**

- i. It means, “1. Bearing pains and trials calmly or without complaint. 2. Manifesting forbearance under provocation or strain; 3. Not hasty or impetuous; 4. Steadfast despite opposition, difficulty or adversity.”
- ii. We sometimes hear the expression, “Patience is a virtue”. That is true. When one has “virtue” it will lead to patience. As a matter of fact, it is next in the list of qualities of the Christian’s growth (2 Pet. 1:5-7)
- iii. Patience is not something that develops automatically; we must work at it. James 1:2–8 gives us the right approach. Another way to understand patience is to consider the patience of God – His patience is demonstrated throughout history in the Bible (1 Pet. 3:20-21)
- iv. Scriptures to consider: Galatians 5:22-23; 2 Timothy 2:24; Romans 2:7; 1 Thessalonians 5:14; Hebrews 12:1; James 5:7-8

#### **b. How To Develop Patience Of Heart**

- i. Learn self control – it compliments patience
- ii. Pause before you react – think about what you are about to do (James 1:19)
- iii. Realize the good that can come from patience (Romans 5:3-4; James 1:3-4)
- iv. Get organized – this a preventive step
- v. Thank God for what you have – count your blessings

### **II. A Pure Heart Is Humble**

#### **a. What Is Humility?**

- i. It is a word that actually means “to make low.” It is described of one who is meek and lowly in his disposition. He is non-abrasive in his dealings with others. It is the opposite of being prideful and arrogant.

#### **b. Bible Examples Of Humility**

- i. Moses – Numbers 12:3; Proverbs 16:32
- ii. John The Baptist – he decreased while Jesus increased (John 3:30)
- iii. Jesus – Philippians 2:5-7; John 13:1-9

#### **c. Other Scriptures To Consider**

- i. Philippians 2:3-4; James 4:6,10; 1 Peter 5:5-7; Proverbs 16:5; Micah 6:8

#### **d. Developing Humility**

- i. Honestly evaluate yourself
- ii. Be thankful (count your blessings again)
- iii. Overcome worldliness (Ex – Matthew 19:16-22 rich young ruler)
- iv. Do something that will humble you (we are servants)
- v. Pray about it
- vi. Associate with the humble – Romans 12:16