THE HOLY SPIRIT & ME SERIES (1)

**“My Body, His Temple” – 1 Corinthians 6:19-20**

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**Introduction**

1. We live in a body conscious world. Many are concerned with physical shape but the Christian has another dimension to this attitude found in 1 Corinthians 6:19-20…
2. **Your Body Is The Temple Of The Holy Spirit**
   1. What Does It Mean To Be The Temple?
      1. Remember the Temple in the Old Testament – carefully designed; full of immense wealth; people knew God dwelt there. (2 Chronicles 7:1-3, 12-15)
   2. Where Is The Temple Today?
      1. In us as individuals and as the Church (1 Corinthians 3:16-17; 2 Corinthians 6:16-18)
   3. Since We Are God’s Temple Where God’s Spirit Dwells How Should We Use Our Bodies?
      1. We should be careful where it goes (2 Corinthians 6:14; Ephesians 4; 17-24; 5:1-2)
      2. We should be careful what it does (Ephesians 5:3-5, 15-21; 2 Corinthians 5:14-15)
      3. We should be careful what it ponders (Titus 1:5; Romans 12:2; Psalm 26:2)
      4. We should be careful how it reacts (Ephesians 4:31-32)
3. **The Purpose Of The Holy Spirit Is To Glorify God In His Temple**
   1. We Were Created To Do So…
      1. Adam at creation was made to glorify God
      2. Stephen glorified God in giving his life
      3. Paul glorified God in beatings and stonings
      4. We can glorify God by being instruments of righteousness (1 Corinthians 6:13-15; Romans 6:12-13,19)
   2. Our Bodies Are For God’s Glory
      1. Christ gave His life so that we can be free from sin and live for righteousness.
      2. Our freedom is **NOT** for sin but to control ourselves through the power that works in us which can do more than we can even think or ask! (Ephesians 3:20)
4. **Our Bodies Were Bought At A Price**
   1. We Have Been Bought
      1. By the blood of Christ (Acts 20:28; 1 Peter 1:18-19)
      2. Both body and soul (1 Corinthians 6:19-20)
      3. Therefore we look for our redemption (Romans 8:23)
   2. We Belong To The Lord (Titus 2:13-14)

**Conclusion**

1. The world view of our bodies as owned by ourselves but God would have us view our bodies as the Temple of the Holy Spirit belonging to God at a tremendous price.
2. We need to surrender our body to the Lord and start being led by His Spirit glorifying God in daily life!